A Reading Guide for Parents

JUST SHOPPING WITH MOM

by Mercer Mayer



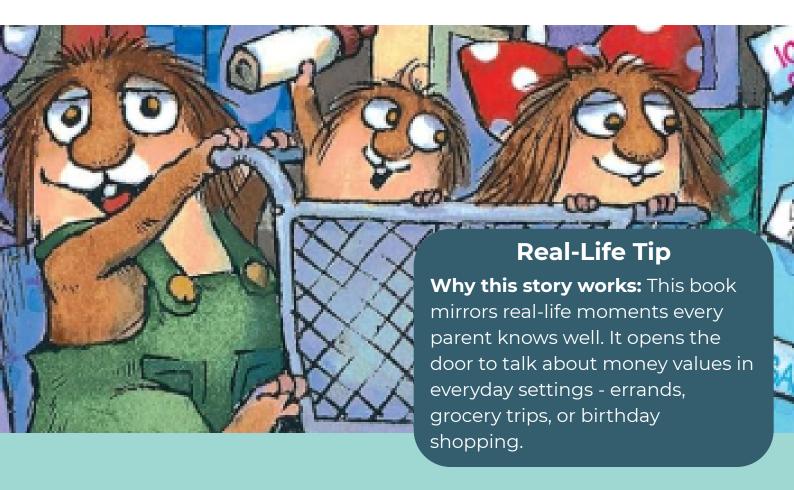


Teaching kids that just because we want it, doesn't mean we need it.





Story Snapshot



Little Critter and his siblings go on a shopping trip with Mom. As they pass by the aisles, his sister asks for just about everything - candy, toys, cake, even a kitten! But Mom sticks to her plan: they're only out to buy groceries and a new dress. In the end, everyone enjoys a small treat - a scoop of ice cream - as a reward.



Conversation Starters



Before Reading:

- What do you think people should buy at a store - things they want, or things they need
- Have you ever really wanted something while shopping?

While Reading:

- Why do you think Mom says 'no' so much?
- Why do you think they get ice cream at the end?

After Reading:

- What's the difference between a want and a need?
- How do we decide when to spend money?



Key Themes



Needs vs. Wants

Just because we want something doesn't mean we need it. This book is a great way to talk about what really matters when we make spending choices.



Self-Control

Little sister asks for everything - but Mom stays firm. Learning to handle disappointment and delay gratification builds emotional and financial resilience.



Smart Spending

Mom models how to stick to a plan: she buys the dress they came for, not the distractions along the way. That's a key early lesson in budgeting and purpose-driven purchases.



Family Values

The ice cream at the end isn't a bribe - it's a shared moment. It shows kids that rewards can be intentional, not impulsive





JUST SHOPPING WITH MOM

Talk about it with your kids

- What are some of the things that the little sister wants in the store? Does she really need any of those?
- Did the little sister want the new dress? Why was it important for Mom to buy it for her?
- How do you think the little sister felt when Mom told her "No"?
- Have you ever wanted something when we've been out shopping? What helped you make a choice about whether to get it or not?
- What are some ways to decide which things you need and which things you just want?
- The family decided to buy ice cream. What is something we might decide to spend money on together?

Activities to try at home

- Have your child identify something they really want and come up with ways they can earn money for it.
- Make a game of spotting wants vs. needs around the house, while watching TV, looking at ads, or reading a book.
- Family Challenge Make a list together of three things each of you needs and three things each of you wants. Then, compare and talk about what you came up with.
- Daily Money Practice Find a jar or container and start saving for something special. You could decorate and label it with the goal you're working towards.



Mini Challenge: The "Needs First" Shopping Game

Next time you go shopping together, give your child a simple mission:

> "Tell me one thing in the cart that we need and one thing that might be a want."

Optional twist:

Let your child pick one "want" item to talk about - why they want it, what it costs, and whether it's worth saving up for later.

Daily Practice Tip:

Start a family "wish list" at home. When your child wants something, write it down. Talk about it again in a few days - do they still want it? Are they willing to save for it?



Want more money moments?



See the full book list

We've curated a full list of ageappropriate, story-driven books to help kids build a strong foundation in financial confidence.





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